

DAILY AFFIRMATIONS

to help motivate and inspire you.

MONDAY

I am in charge of how I feel today.
I will choose to be happy.

TUESDAY

I am capable of accomplishing my
goals and responsibilities.

WEDNESDAY

I trust the journey I am on will
take me to higher places.

THURSDAY

I will attract new opportunities. There
are no limits to what I can achieve.

FRIDAY

I am strong, I am valuable, I am loved,
I am worthy, and I am confident.

SATURDAY

I will not allow fear or anxiety have
control over me.

SUNDAY

I am committed to my purpose and
will fulfill my dreams.